

# Youth in CRISIS

Accompanying Hurting  
Youth and Their Parents



**Petitfils**





**Petitfils**

*(pet-ta-feece)*

*Fr., n.*

**grandson**

Or...

one who eats the  
whole cake...



**Right**

**Wrong**



**Purgatory**

**Perfect**









- Seminarian
- Teacher/Admin
- Campus Min.
- School Counselor
- Private practice
- Bald Speaker Club



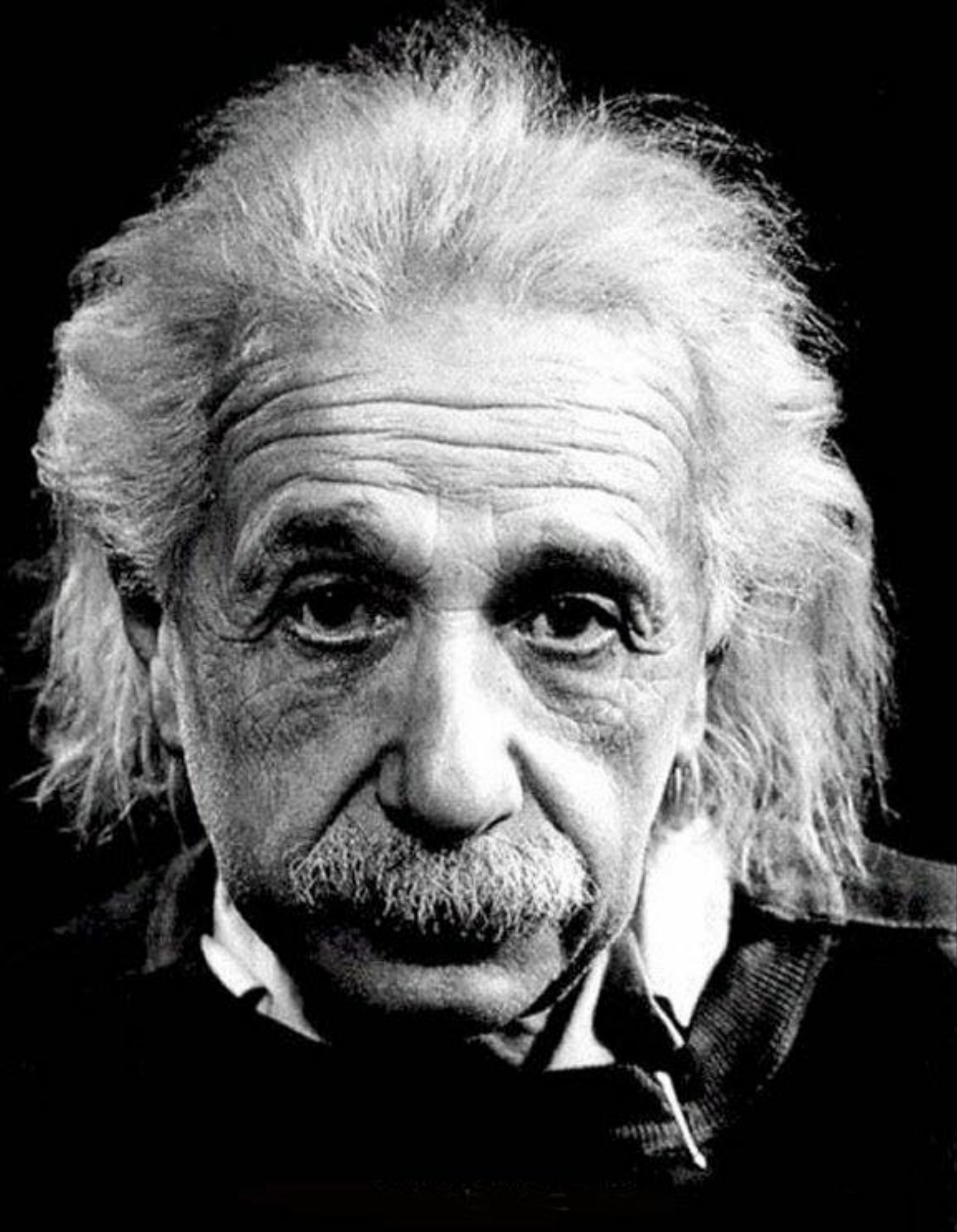




What's  
tough?







**The  
answers  
have  
changed**



# Hurting **how?**

- Depression
- Anxiety
- Self Harm
- Suicide





# So **What?**

- Understand
- Reach
- Influence





# PASTOR-al Care



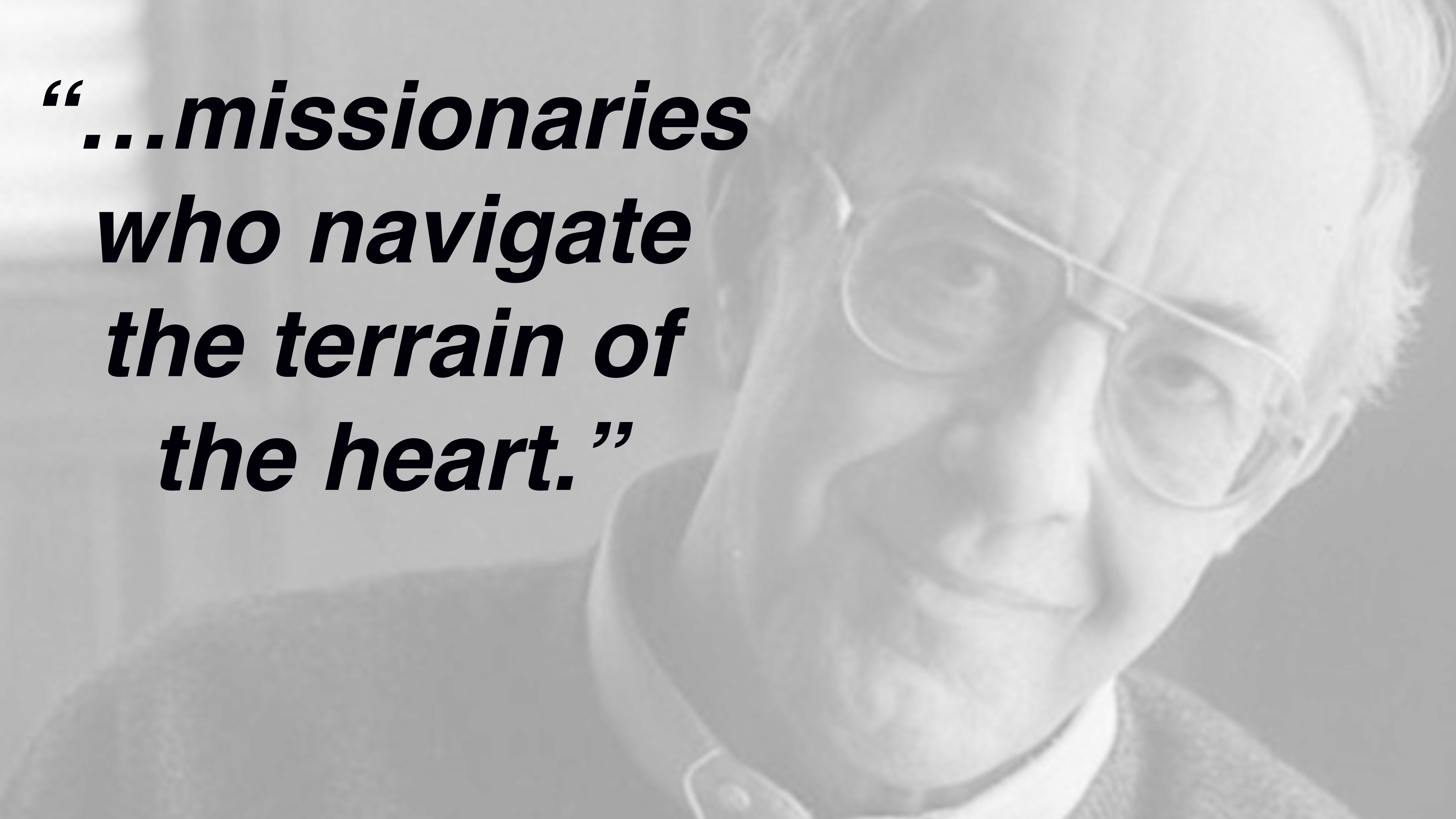


***“You’ve got  
to be lost to  
find a place  
that hasn’t  
been  
found.”***

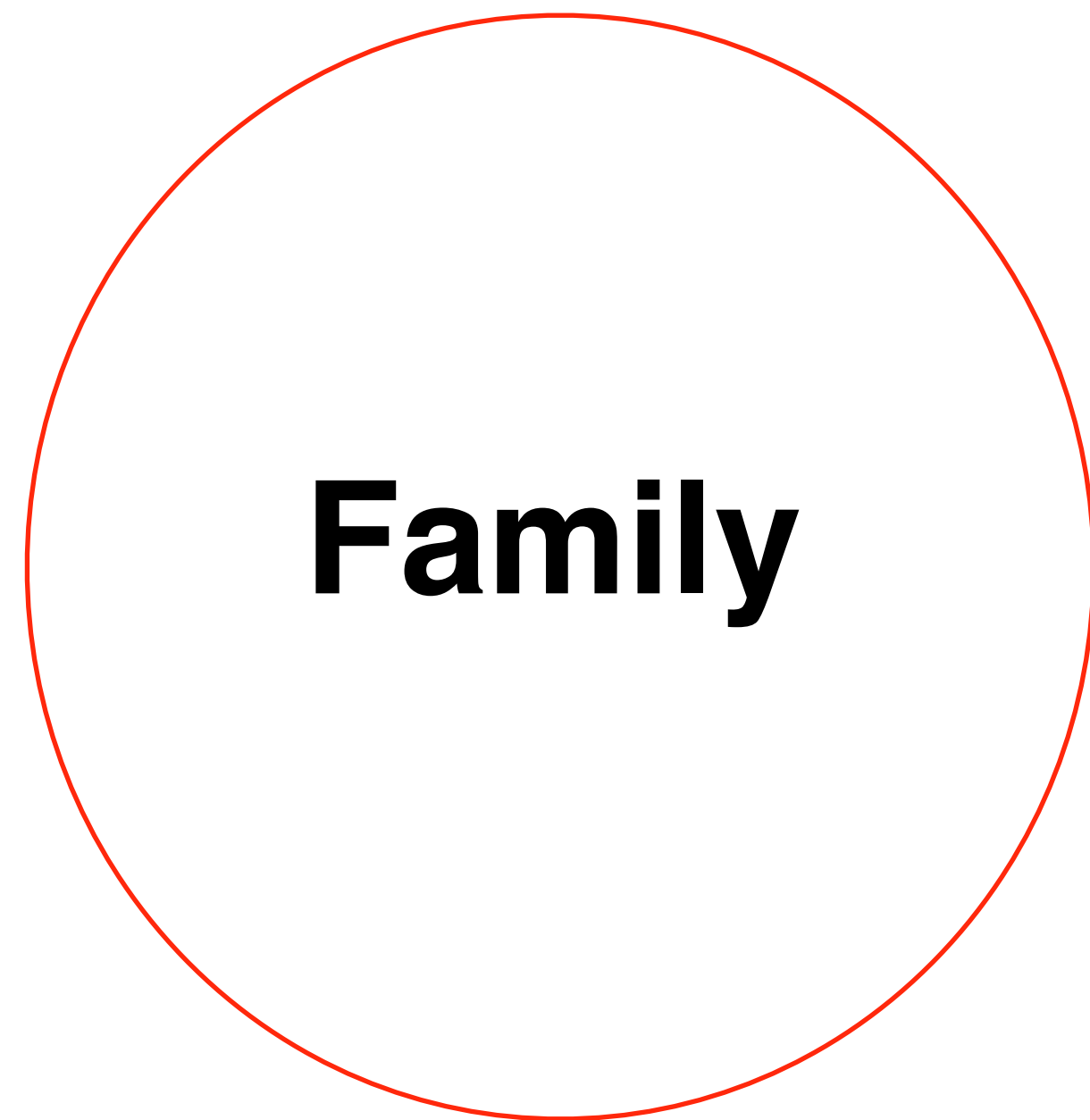




***“...missionaries  
who navigate  
the terrain of  
the heart.”***







- Make up
- Interactions
- Communication
- Values
- Safety

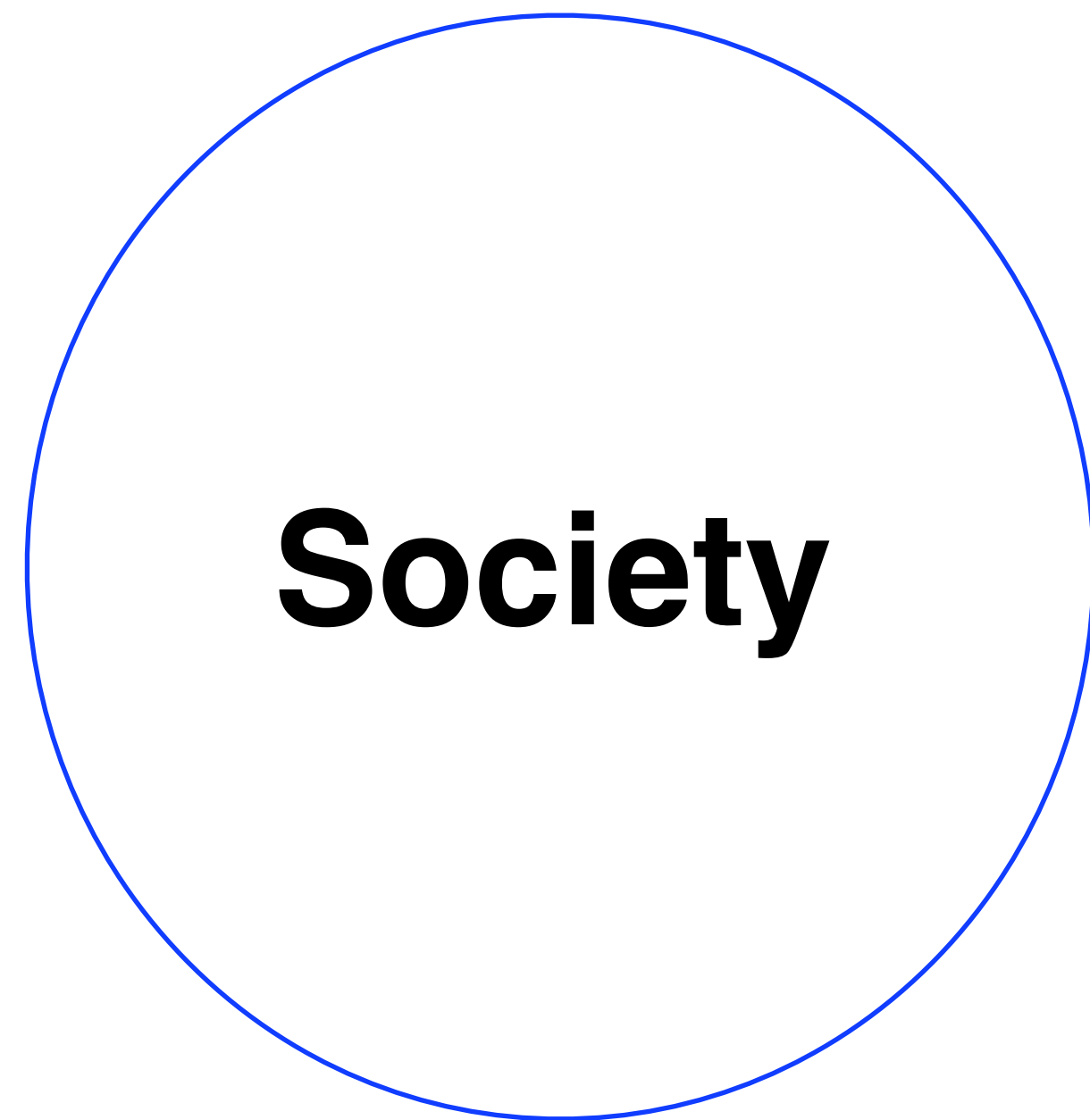




**Psychology**

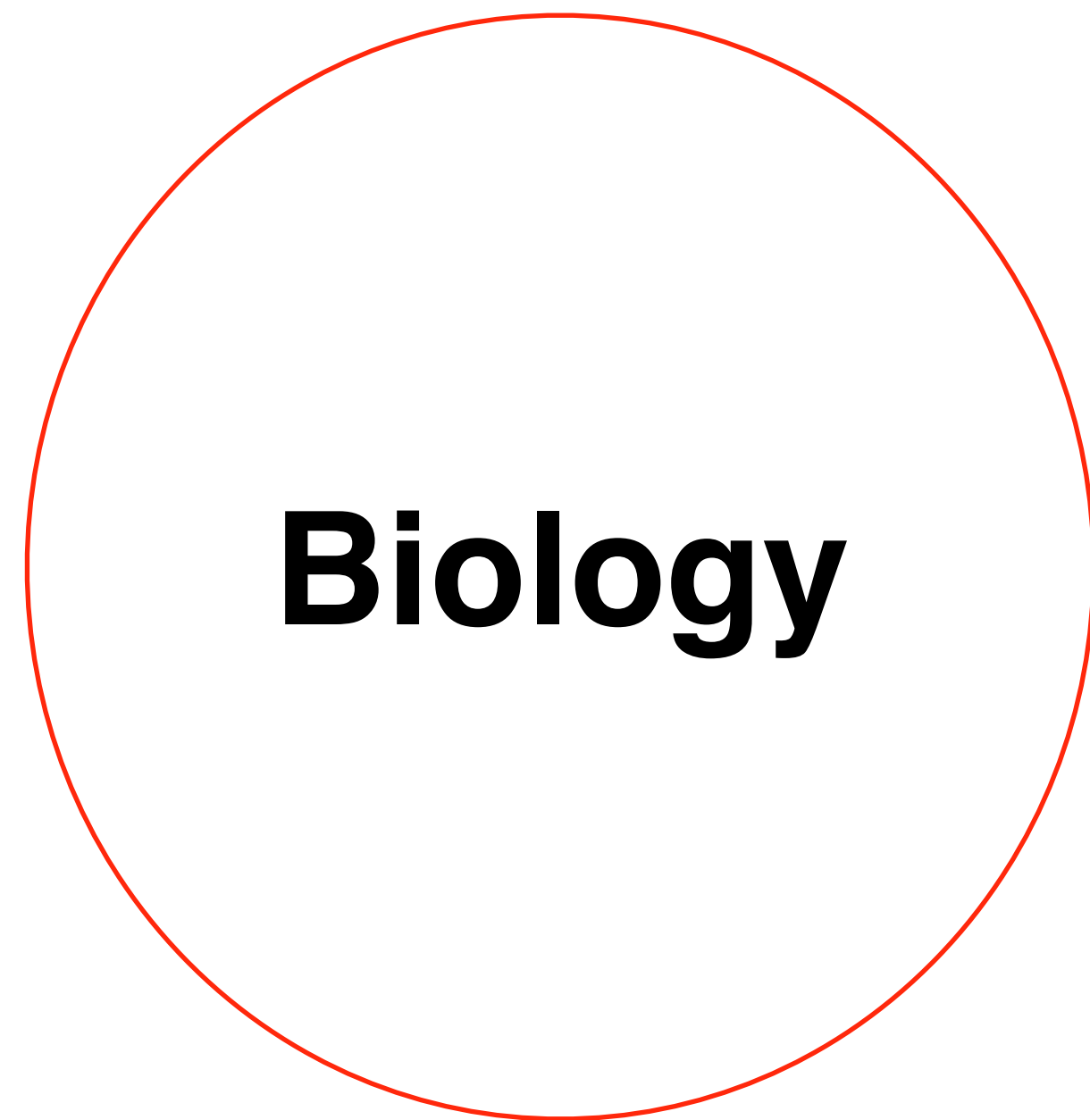
- Resiliency
- Mental Health
- Attachment
- Beliefs





- Relationships
- Media
- School
- Church
- Culture
- Time





- Exercise
- Diet
- Genetic
- Illness



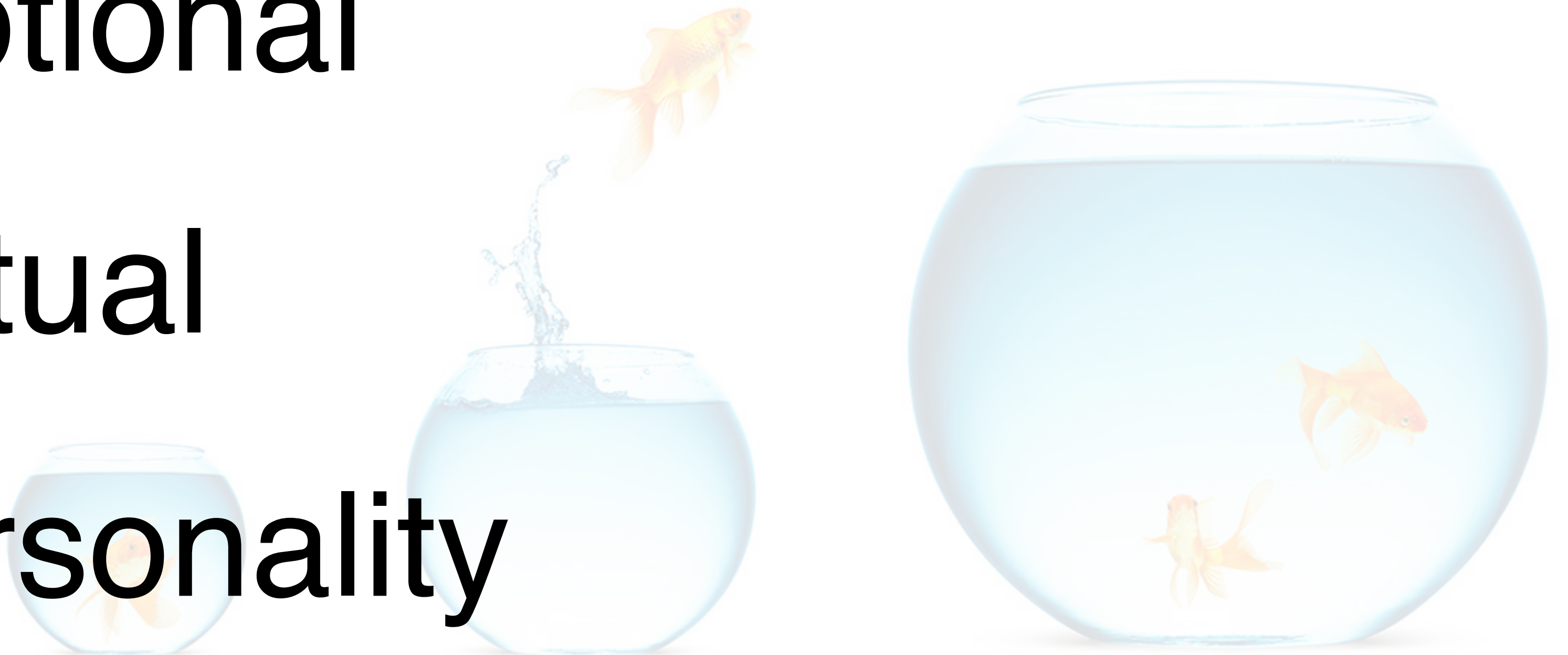
# Adolescent Development

1. Cognitive & Physical

2. Social & Emotional

3. Moral & Spiritual

4. Identity & Personality





# Physical Development

1. Puberty = Hormonal Explosion

2. Brain changes

3. Neural Pruning

4. Primary/ Secondary Sexual Dev.







# The Teen Brain



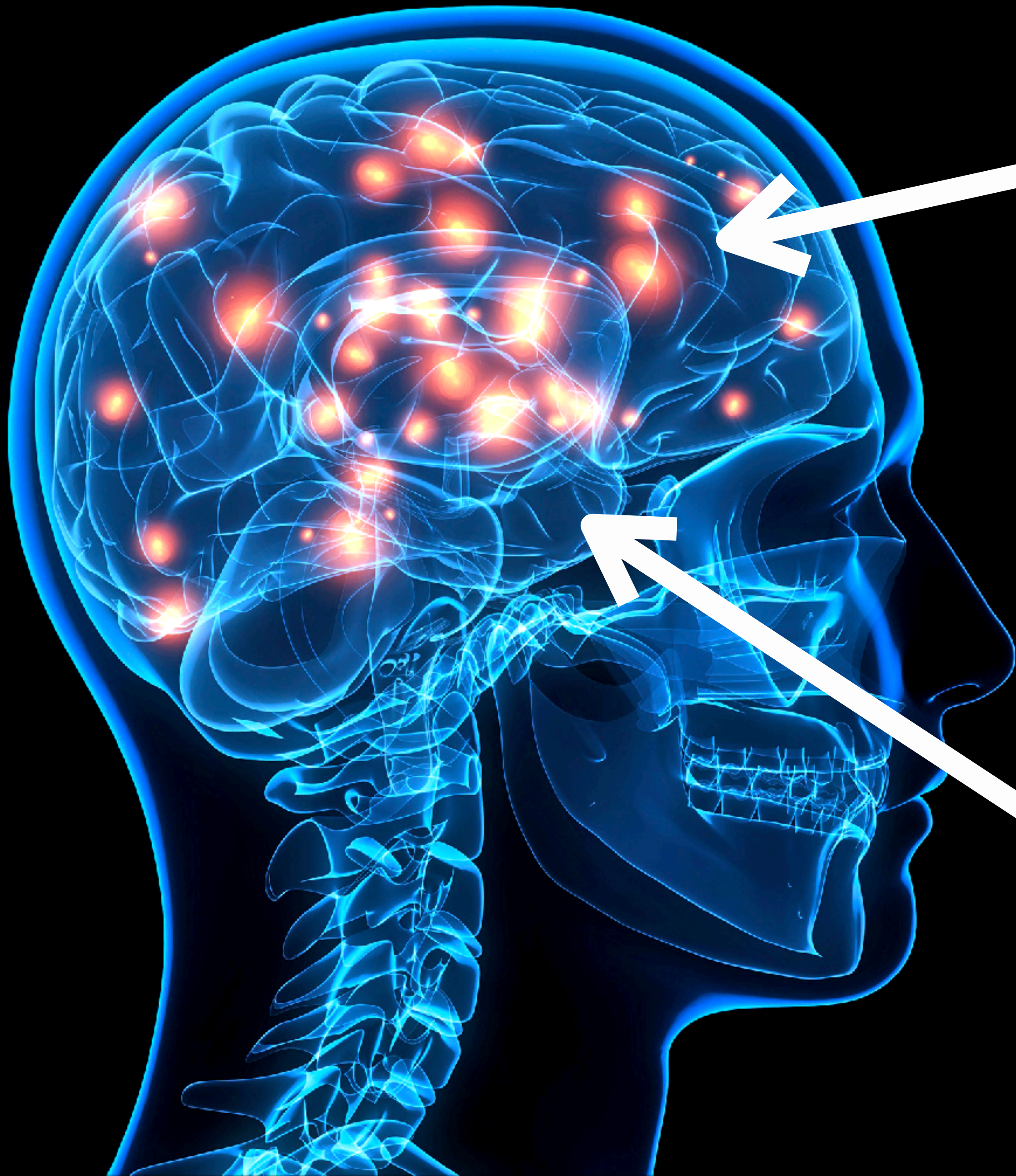


- Structural Changes
- Amygdala v. Prefrontal Cortex
- Synaptic Pruning and Mylenation
- Corpus Callosum Thickens for  
info processing
- More than “Horomonal”



**Prefrontal  
Cortex**

**Amygdala**







# **Thrill Seeking vs. Relational**





**Explosive  
New Growth**





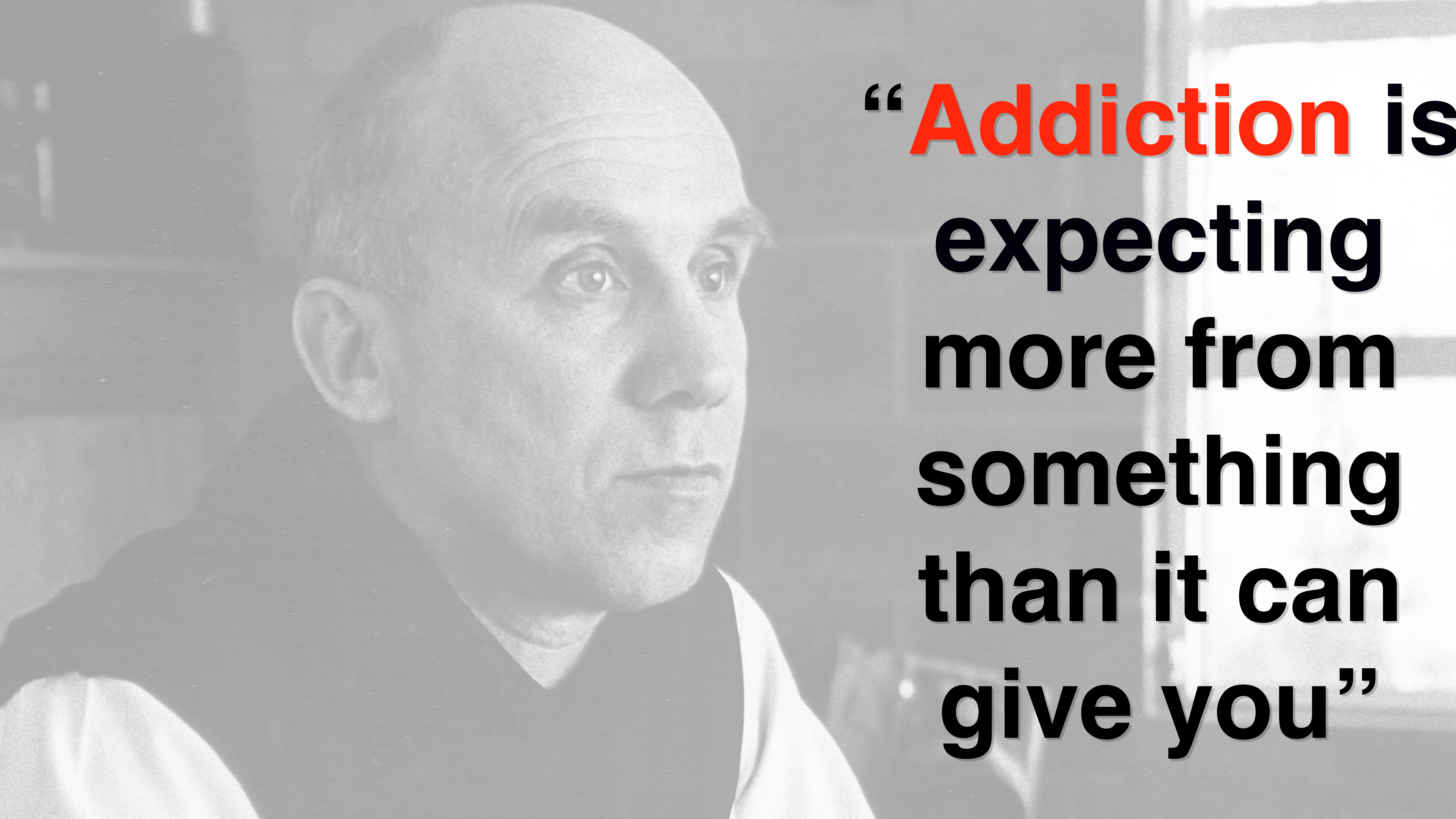
**More  
Dopamine**





**More Prone  
to addiction**





**“Addiction is  
expecting  
more from  
something  
than it can  
give you”**





# Weaker Stop Signals





***Neurons that  
fire together,  
wire together***